Profile 2: Ethan Rodriguez - Diseased Heart Muscle (Cardiomyopathy)

Overview:

Ethan Rodriguez, a 42-year-old software engineer, has been diagnosed with cardiomyopathy, a condition where the heart muscle becomes weakened, leading to impaired heart function.

Symptoms:

Shortness of breath, especially during physical activity

Fatigue and weakness

Swelling in the legs and abdomen

Diagnosis:

Ethan's cardiomyopathy was diagnosed through extensive medical evaluations, including imaging tests and cardiac assessments.

Treatment:

Medications:

Prescription medications to improve heart function and manage symptoms.

Lifestyle Changes:

Adoption of a heart-healthy diet and regular exercise under medical supervision.

Smoking cessation and limited alcohol intake.

Medical Procedures:

Periodic monitoring and adjustments to medication regimen.